

Adelaide Trail Horse Riders Club Inc.

- Ride Rules-

Updated July 2015

- 1 All riders must sign the register and pay the appropriate fee before participating at a sanctioned ride.
- 2 All riders must be able to ride independently at a walk, trot and canter and able to control the horse they are riding on the day at those paces.
- 3 Visitors may have two one-day or half day rides per year at a fee to cover insurance plus the ride fee. (2015 \$10 insurance and \$4 ride fee), otherwise need to become a member.
Visitors must sign the Register, Non-member Application Release of Waiver of Liability form and pay the appropriate fee before participating at a ride.
Visitors must become a member before participating in an overnight ride and have participated in at least one club ride before or have approval from the committee.
- 4 No dogs allowed on rides.
No dogs allowed at rides on private land without permission from the Trail boss. The Trail boss must seek the permission from the landholder.
Any dogs at a trailhead must be on a leash at all times and are not permitted in the central camp area. The owner of the dog is responsible for removing its faeces from the area.
- 5 No rider may ride in front of the Trail leader without permission of Trail leader or Trail boss. No rider may leave the ride without permission of the trail leader/boss. Once you leave the ride you must be accompanied by a second person, and if no individual available then the whole ride must return. Persons leaving the ride must return directly to the floats otherwise if they go on a separate ride ATHRC insurance will not cover them.
- 6 Horses that kick must be clearly identified with a red ribbon on their tail.
- 7 Stallions are allowed on trail rides only after having been approved by the committee. A stallion has to have proven that they can be ridden safely in company before allowed on club trail rides. The Trail boss must be notified of their presence on a trail ride. Stallions can only participate in overnight rides if solid yards are used. Yards attached to float or truck or permanent fenced yards.
- 8 Stallions are to be identified by a blue ribbon on their tail.
- 9 Riders under 18 must wear a regulation helmet that complies with the current standard, and are less than 5 years old.
- 10 Riders under 16 years must be supervised by a parent or nominated guardian.
- 11 All manure and excess feed must be removed from the float parking area unless otherwise advised.
- 12 Rides start at 10.00 am unless advised differently.
- 13 On Fire Ban days any rides to be held on Forestry SA land will be automatically cancelled.
- 14 Weather Policy: If the temperature is forecasted to be 37C or above in Adelaide on the day of the ride, the ride will be cancelled. If there is any doubt re excessive heat, rain or wind, please ring the Trail Boss as ride maybe cancelled.
- 15 All riders to abide by ATHRC Inc. Code of Conduct.
- 16 Ride leader, trail boss, drag rider, first aid person and person carrying first aid kit must be identified to all riders at the start of the ride and should wear identify vests on all rides. Ride leader and drag must wear safety vests if ride transverses any public access road. Ride leader and drag boss to have a method of communication and trail boss must ensure there is a mobile phone among the group riding.
- 17 All riders must obey all instructions from the trail leader or trail boss and abide by road rules e.g. 2 abreast only and keep to the left
- 18 Signs "Caution Horses on road" to be placed on dangerous sections of roads.
- 19 Procedure where there is an accident:
 - Riders cannot expect a qualified first aider will attend them
 - Ambulance will be called in cases where head/spinal injury or other major injury is assessed to have occurred.
 - No-one to go after a loose horse unless given permission by trail boss
 - Riders not to approach a fallen person while riding or leading a horse.
 - The nominated first aider must be included in decision process in advent of accidents/injuries.
 - Trail boss in discussion with the first aider can insist on injured person/horse leaving the ride if they think the person or horse is not fit to continue.

ADELAIDE TRAIL HORSE RIDERS CODE OF CONDUCT

Encouraging safe, enjoyable trail riding in an environmentally responsible manner while at all times respecting the horses' welfare, the rights of other trail users and compliance with land owners requirements on whose land a trail traverses.

Horse riding is a dangerous activity and horses can act in a sudden and unpredictable (changeable) way if frightened or hurt.

Trail riders agree to ride at their own risk but in a manner that protects them and their horse, other trail users (including riders and their horses and non riders) and the environment from injury.

- 1 Pay due regard to the safety of all other riders, horses, persons and equipment involved in a trail ride.
- 2 Be responsible for the correct fitting and safety of their equipment.
- 3 Be responsible for the safety and welfare of their horse.
- 4 Be responsible for ensuring their horse is adequately fit, shod and healthy to cope with the terrain and pace of the ride.
- 5 Take responsibility for their behaviour and actions on trail rides (including not being under the influence of drugs and alcohol as prohibited by law).
- 6 Take responsibility for informing others of any physical or medical disabilities they wish to be known in case they have a serious accident.
- 7 Respect the rights of other trail users and politely indicate to other trail users how to pass.
- 8 Ride appropriately to suit the terrain, visibility and possible interaction with other trail users.
- 9 When on roads, obey all traffic rules including keeping to the left.
- 10 Minimise any impact on plants and animals by staying on designated trails.
- 11 Comply with trail signage and any requests from land owners whose land the trail traverses.
- 12 Be observant and avoid using trails when they are likely to erode (especially unstable or wet soils).
- 13 When crossing watercourses use bridges wherever possible, otherwise select firm stony crossings.
- 14 Remove all rubbish, manure and excess feed from float parking areas and when practical from other sections of the trail.
- 15 Always camp well clear of watercourses and where practical use buckets to water horses.
- 16 Remove manure from overnight camps or disperse if removal isn't possible.
- 17 Remove all rubbish from campsites – do not bury it!
- 18 When camping, avoid horses denuding vegetation by regularly relocating holding areas – portable yards/night lines/tethers.
- 19 Avoid yarding horses not familiar with each other.
- 20 Ensure any holding method is adequate to restrain the horse in a manner safe to the horse.